Combined Autism and ADHD Assessment Information Guide

A clear guide to the integrated pathway, appointments and information your family will provide.

One coordinated assessment process

The combined pathway considers Autism Spectrum Conditions (ASC) and attention deficit hyperactivity disorder (ADHD) within one multidisciplinary process. It follows NICE guidance and combines information from your family, school and clinical team.

The pathway usually takes around 6-8 weeks from the first parent interview to the final report, provided all required information is available.

> An important point: The assessment does not guarantee a diagnosis of Autism, ADHD or both. Whatever the outcome, the report will describe your child's profile, the findings and recommendations for support.

Before appointments begin

Please share relevant reports from school or other professionals and provide the best school contact and email address. School involvement is important; discuss any concerns about involving school during the initial consultation.

1. Assessment paperwork

The questionnaires help us compare your child's experiences across home and school.

Home forms

- Therapy4Kids intake form, including signed consent
- SPM-2 home sensory questionnaire
- BASC-3 parent and age-appropriate self-report forms
- Conners 4 parent and age-appropriate self-report forms

School forms

- Therapy4Kids teacher intake form
- SPM-2 school form
- BASC-3 teacher form
- Conners 4 teacher form

Your next step: Complete the paperwork carefully and return it promptly. Tell us if you need help or if school contact may be difficult.

2-3. Parent interviews

The interviews explore development, behaviour and family experiences in depth while your child is not present.

ADI-R parent interview

The Autism Diagnostic Interview - Revised is a standardised developmental history interview lasting approximately 2-2½ hours. It may take place in person or online through Teams.

Structured ADHD parent interview

A structured interview lasting approximately 50-60 minutes explores current symptoms and behaviour, developmental and family history, previous therapy and other relevant experiences. It may also take place in person or online.

The two parent interviews can be arranged as separate appointments or completed together in one longer session. Your child should not attend, allowing an open conversation.

4-5. School and clinical assessment

The team observes your child across settings and uses standardised assessment alongside clinical judgement.

School observation and teacher discussion

A clinician visits school to observe your child in their usual learning environment and speaks with their teacher about current strengths and challenges. Your child should not be told about the observation, supporting natural behaviour.

ADOS-2 assessment

Your child meets an ADOS-2 trained clinician for a standardised assessment lasting approximately 1-1½ hours. The session is video recorded for review by a second clinician. If your child is under six, please bring two snack options.

Helping your child prepare

Describe the appointment as time with a clinician who wants to understand how your child thinks, communicates and plays. There are no right or wrong answers. Your child may bring a favourite object and water bottle.

6-7. Team review, report and feedback

The multidisciplinary team brings together every part of the pathway before explaining the outcome.

Team review and report

Once all interviews, observations, questionnaires and assessments are complete, the team reviews the findings and finalises the scoring. A comprehensive report explains the outcome, your child's profile and recommendations for your family and school.

Parent feedback session

You will be invited to a 50-minute feedback session with a clinician involved in the pathway. You will receive the report, discuss the findings and explore suitable next steps and support.

Medication

Therapy4Kids does not prescribe medication or provide medication monitoring. If you wish to explore medication after assessment, please speak with your GP or another qualified medical professional.

Meet our multidisciplinary diagnostic team



Michelle



Anusha



Sarah



Stephanie W

Questions?
Contact our team on 0208 605 2050 or email info@therapy4kids.co.uk. We are happy to explain what happens next.

Therapy4Kids
189 Worple Road, Raynes Park, London SW20 8RE
0208 605 2050 · info@therapy4kids.co.uk · therapy4kids.co.uk

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